

# **ABSTRACT**

**Title of work:** The relationship between education and human dietary habits of high school students.

**Aim of work:** Due to a survey find out and compare the eating habits of adolescents based on their education.

**Method:** Survey.

**Results:** The group, that follows the principles of a rational alimentation, is young grammar school students. The group that sticks to these principles the least are students of vocational schools. Boys stick to the principles of a healthy life style more. Not only they eat well, they also have more physical activities than girls. The best eating habits, more physical activities and BMI figures have boys, who study at a grammar school.

**Key words:** Grammar School, Adolescence, Eating Habits, BMI, Physical Exercises, Diet, Survey.